A MONTHLY NEWSPAPER FOR THE STUDENTS AND BY THE STUDENTS

Bangalore, August 2024

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MENTOR'S DAY



The influence of a great mentor can never be erased. Birthdays are momentous occasions, which need to be commemorated. The students of New Horizon Public School celebrated the birthday of our beloved Chairman, Dr Mohan Manghnani, with zeal and enthusiasm. The beautiful rendition of the Hanuman Chalisa, a timeless ode to Lord Hanuman and the electrifying dance performances enthralled the audience. It was truly a day that we will all treasure and cherish.

EK PED MAA KE NAAM- A TREE AS TRIBUTE TO MY MOTHER



In celebration of World Environment Month, our Rotary Interact Club members and Green Ambassadors participated in a tree plantation campaign on June 27, 2024. This event aligns with Prime Minister Narendra Modi's tree plantation campaign, Ek Ped Maa Ke Naam (One Tree for Mother). The students touched Mother Earth with bare hands, dug the soil with crowbars, spades, and coconut shells, and then planted the saplings at Jnana Bharathi, Bangalore University. The newly planted saplings were protected by placards bearing the mothers' names of the students.







INTERNATIONAL YOGA DAY



On June 21, 2024 an invigorating event was organized on the occasion of International Yoga Day. Dr. Anjali, our esteemed guest and yoga instructor led the students of grades VI to X through various asanas and exercises, showcasing the remarkable benefits of yoga. Ms. Srinandhini Hari, our Life Skills Trainer and a certified yoga instructor, took the students of grades I to IV through a fun and interactive session with yoga poses inspired by nature and a few challenges for the students. The atmosphere buzzed with energy and enthusiasm, as the facilitators ensured the session was both enjoyable and beneficial, leaving the students feeling energized and relaxed.

Celebrating International Yoga Day at NHPS pre-primary school went beyond physical exercise. It nurtured holistic development by fostering mindfulness, creativity, and emotional resilience in young children. As we celebrated this global day of unity and well-being with Ms. Akila, one of our esteemed parents who hosted this program, we recognized the profound impact that introducing yoga at an early age can have, on shaping healthy habits and promoting lifelong wellness among our youngest learners. Through joyful exploration and gentle guidance, International Yoga Day in pre-primary paves the way for a future generation that values inner peace, respect for others, and a balanced approach to life's challenges.

COLOUR DAY

Colour concept is an important part of a child's early learning and development. Introducing colours to Nursery students can help develop their visual perception, language skills, and cognitive abilities.



Blue Colour Day - 'Ocean of Smiles'- Blue is a calming and serene colour that is all around us in the natural world. To celebrate this beautiful colour, the nursery children as well as the teachers came dressed in shades of blue on 28th June, 2024. They were also thrilled to bring a toy of the same colour to school that day. They used palm printing to make a fish and obtained takeaways, namely, a water droplet on an icecream stick, which added to their excitement.

Yellow Colour day - 'Sunshine Splash'- Yellow is a vibrant and cheerful colour that is closely associated with sunshine, happiness and warmth. Yellow day was celebrated with much enthusiasm on 5th July, 2024 when the nursery children dressed up in various shades of yellow wearing their equally bright smiles. The art activity they engaged in, namely, paper tearing to make a duck, gave them a glimpse of the colour. They were delighted to carry home yellow paper flowers as take-away. Besides a yellow toy, they also got a yellow snack.

Orange Colour Day – 'A Burst of Citrus Delight'- In a pre-primary classroom, introducing the colour orange can help young students associate with the positive qualities of energy, creativity, and natural abundance. It is considered as stimulating colour that can increase feelings of happiness and optimism. On 19th July, 2024, the tiny-tots were dressed in the colour of the day. The teachers involved them in colour dabbing activity and each one carried back home a 'tiger finger puppet.'

Colour Day was also marked by decorating the entire corridor with craft work pertaining to the colour of the day. Thus, these various sensory explorations provided opportunities for children to explore colours through hands-on activities.



CHERRY CHARM DAY

Red Day in pre-primary was a celebration of learning and creativity. It was held on 1st July, 2024. As children arrived at the gate, they were greeted with a burst of red colour. Classrooms were adorned with red decorations, and artwork was created by the little artists themselves. The atmosphere was lively and inviting, setting the stage for a day filled with exploration and discovery. It ignited children's curiosity and laid a foundation for lifelong appreciation of colours. As laughter filled the classrooms and red-themed activities unfolded, Cherry Charm Day became not just a day of colour exploration but a cherished memory in the hearts of young learners and educators alike.

DENGUE FEVER

Dengue fever is a significant public health concern in many tropical and subtropical regions. To combat the spread of this mosquito-borne disease, New Horizon Public School organized a comprehensive Dengue Awareness Campaign aimed at educating students and staff about the causes, symptoms, and prevention of dengue fever. Health professionals from BBMP were invited to speak about the biology of the dengue virus, its transmission, and the importance of early diagnosis and treatment.



LIBERTY

August is a month that makes us reflect on the concept of liberty. Liberty is a fundamental right that allows people to pursue happiness by aiming fearlessly for their goals.

Liberty means having the freedom to do what we want without unnecessary restrictions. Being free to express our opinions and live life without fear, is freedom. It is having the power to make simple choices like where we live, how we spend our time or more important choices like our belief systems.

Freedom allows us to pursue our dreams and be who we want to be. Freedom to explore new ideas, learn from different experiences, and make informed decisions leads to a more fulfilling and meaningful life. A society that values freedom encourages creativity, innovation and progress, benefitting everyone.



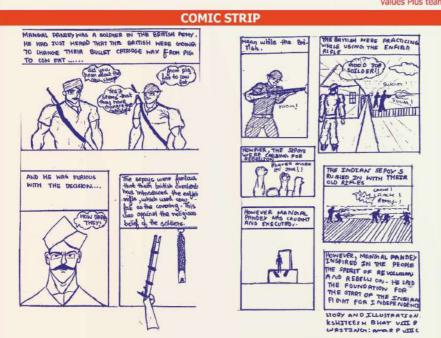
However, freedom has its own limits. Our freedom should not harm or hurt others. For example, the right to express ourselves does not allow us to spread lies that could hurt someone's reputation. We can choose our lifestyle but cannot break the law or put others in danger. These limits ensure that everyone's rights are protected and help create a fair and safe society.

With freedom also comes responsibilities. We need to respect others' rights, be kind and considerate, contribute to the common good and help build a just society. Being informed and law-abiding citizens, and exercising our voting rights are also some of our responsibilities.

Freedom is also not unlimited. Our freedom ends the moment it tramples on another person's rights.

Freedom is essential for personal growth because it gives people the opportunity to grow and achieve their full potential but at the same time, everyone's rights need to be respected and protected. Balancing freedom with responsibility is the key to happy individuals and a harmonious society.

Values Plus team



THE ROTARY INTERACT CLUB ANNUAL INSTALLATION CEREMONY

The Rotary Interact Club held its annual installation ceremony on 11th July 2024 in NHPS campus marking a significant milestone in the club's history. The event was attended by distinguished guests, including Rotarians and students who gathered to celebrate the induction of the new board members and to acknowledge the club's achievements over the past year.

The ceremony commenced with a warm welcome by our Principal Mrs Anupama Sethi who highlighted the club's accomplishments,



service, blood donation camp, etc., and expressed gratitude to the members and supporters for their unwavering dedication and hard work. She emphasized the importance of youth involvement in community service and leadership.

The highlight of the evening was the formal installation of the new board members. The incoming president, Charith Hosemani along with the newly elected officers, took their oaths of office, pledging to uphold the values and mission of the Rotary Interact Club. The installation was officiated by Ms. Talukdar, Ms. Pooja, and Mr. Sandeep who expressed confidence in the new leadership team and their potential to drive positive change.

The event concluded with a vote of thanks by the president. The Rotary Interact Club continues to be a beacon of hope and service in the community, empowering young leaders to take initiative and contribute meaningfully to society. The newly installed members are enthusiastic and ready to embark on a new journey of service and leadership, promising another successful year ahead.

VICTORIOUS COMEBACK T20 24



The day, when India won the World Cup after exactly 13 years, every cricket-loving household in India dropped everything just to watch the Great Indian Cricket Team return with the T20 World Cup Trophy, and the day was June 29, 2024.

The day of the final match started as an ordinary one for both fans and the teams - The South African and Indian Teams. Fans were in great excitement and the teams were hopeful. During the first innings, every fan was excited but a little worried, as what the Indian team had managed to score seemed quite easy to chase, knowing the SA team had been powerful chasers. Our bowlers were trying their best, though it was a batting pitch. The second innings became quite terrifying at one point as every fan was revisiting the ODI world cup final of 2023 against Australia. However, little did we know the plans of the Indian team were different.

The South African batsmen kept hitting sixes and fours, and soon everyone began to lose hope. The Indian cricket team remained calm and focused, perhaps learning from their mistakes from last year. Each player used their skill to the maximum.

The wonderful captaincy by Rohit Sharma, the timely 76-run knock by King Kohli, the catch by Suryakumar Yadav, the death overs by Bumrah and Hardik and finally the brilliant fielding by all others paid off.

Last but not least, I would like to thank the Indian Team not only for winning the cup but also for teaching us a Life Lesson – To never give up until the last ball is bowled...until our last breath!

Tanisha Kelkar (9 A)

POCSO WORKSHOP

A workshop was conducted on The Protection of Children from Sexual Offences (POCSO) Act of 2012 for all the staff members of NHPS on Saturday, the 12th of July 2024. It is an initiative taken by the Government of India to protect children under 18 from sexual abuse and offences. The workshop



highlighted on raising awareness and also educating towards creating safer and more equitable environment for everyone.



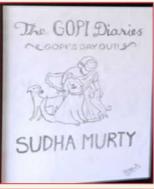
YOUNG ACHIEVERS





We are very happy to announce that NHPS Chess U14 Boys and Girls and U17 Girls teams were declared as Runners Up in the CISCE Karnataka Region Chess Championship 2024-25 conducted by Green Valley English School, Konanakunte, Bangalore on 2nd and 3rd July 2024. Samanth N Naidu of Grade VI and Shriya Mahesh of Grade X have been selected to represent Karnataka state in the CISCE nationals.





Diya Kulkarni of Grade 7B had made a pencil sketch for author Sudha Murty. She presented it to the most loved and revered author at her most recent book launch in Javanagar, Bangalore,

Mrs. Sudha Murty appreciated the sketch and acknowledged it by saying, "Your drawing is too good, sweetie; I am going to keep it with me. Continue doing more of

Congratulations to Diva and wish her all the best for her future endeavours.





Ved Jain of Grade 6 B participated in a Guinness World Record, an attempt for "Most Live Viewers of an Aeronautics lesion video on YouTube". He was awarded a certificate of participation. Congratulations to Ved!

Ruthvik Sai R of Grade 4 E participated in a World Record Shloka Recitation event and recited more than 50 shlokas. He was awarded a World Record Medal, a certificate from India Records Academy and an appreciation certificate from Janan Smriti. Congratulations to Ruthvik Sai!



A SAFE PLACE



A person, place, or cherished thought, Each of us holds something dear, untaught. If you feel you have nobody, Remember, you can be that somebody. Everything around you, precious or not, In times of distress, in moments fraught, Recall what's beloved, even yourself, That place in your heart, where you'll always be free. Pressure, stress, the drive to excel, Don't burden yourself beyond what you can quell. Take what you can handle, never force the race, For society's standards can often be a false embrace.

Those who do good might face scorn's sting, While wealth often pardons the wrongs it can bring. Depression, pain, an unstable mind, No age is immune, it's not confined.

A teenager, adult, or child might feel lost, Searching for themselves at an emotional cost. Company needn't always be alive, A plush toy's comfort can help you survive. True safety lies within your heart, soul, and mind, Infusing objects and places with a feeling refined. So find your solace, let it be known, Your real sanctuary is inside, your own.

Aastha Kamath H, 9C

STUDENTS' CREATIVE CORNER













Ruthvi Jayesh, 2E Pahal Kulkarni,5D

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