





#### A MONTHLY NEWSPAPER FOR THE STUDENTS AND BY THE STUDENTS

Bangalore, January 2023

CMM/BHE/DECL/NPP - 230 / 10 / 2033

#### **ADI DEV MAHADEV - OUR ANNUAL DAY**

"Adi Dev Mahadev" was a memorable musical dance extravaganza that will be etched in our hearts forever. Our Annual Day, held on the 28th of January, 2023, was one of the most exquisite shows of the year.

Our Chairman, Dr Mohan Manghnani and Vice Chairperson, Mrs Renuka Manghnani, graced the occasion with their presence. We were fortunate to have with us that evening our Chief guest, Ms Payal Nanjiani, an Indian American leader, executive coach and renowned author. At 6:00 p.m., the show began with the lighting of the lamp by the dignitaries and a Divine invocation as a symbol of auspiciousness.

The entire show consisted of ten sequences that highlighted Lord Shiva's glory and conveyed the message that ardent devotion to Him would never go unrewarded. The play revolved around the life of Lord Shiva's young devotee, Markandeya, whose father, Mrikandu, narrated several instances where Shiva, the Lord of Destruction himself, was the most compassionate protector of his devotees.

The play started with an ethereal dance introducing Lord Shiva, a powerful divine being who saved his devotees by consuming the poison in the famous incident of 'poisoning of the ocean.' The enchanting dance of the Gods of Love — Rati and Manmata, mesmerised the audience. One of the key highlights of the show

### INNOVATION IS THE UNRELENTING DRIVE TO BREAK THE STATUS QUO AND GO WHERE FEW HAVE DARED TO GO.



Udaan – Give wings to your ideas was an initiative launched by the New Horizon Group of Institutions to provide the students a platform to showcase their intrinsic capabilities, unleash their creativity and put their thoughts into action.

It was indeed a proud moment for New Horizon Public School, when Sindhoora R of Grade 9 was declared the Udaan 2022 winner.

Sindhoora was awarded a trophy and a cash prize of Rupees 25000.

New Horizon Public School continued its winning streak by also bagging the Jury Choice Award. The winners Debdatta Kundu and Jatin Mohan Y, both studying in grade 8, were given a cash award of Rupees 5000.

Congratulations to the winners who had the will to dream big, chase after their vision and turn their imagination into reality.

We are very proud of all winners and the participants who have reached this far!



included the sequence in which Veerabhadra, sent by the Lord, punished Daksha, responsible for Sati's sacrifice. The last electrifying performance depicted the supreme power of Lord Shiva in his final triumphant battle against Yama, the God of Death.

All in all, the show included breath taking performances by the students of grades six to ten. It would have been impossible to put together such a grand show without the excellent choreography and production team, enthusiastic teachers and support staff. Portraying the glory of the divine Lord, "Adi Dev Mahadev," was a spectacular way to wrap up this remarkable year.

Sandhyaa Ramesh, 10 B





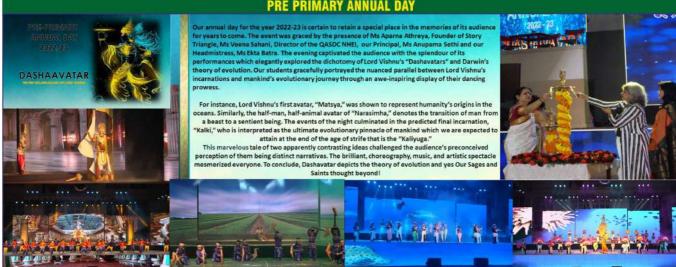












#### SWAMI VIVEKANANDA JAYANTH

"Arise, awake, stop not till the goal is reached." Swami Vivekananda

On January 12, 2023, New Horizon Public School commemorated the spiritual master Swami Vivekananda's birth anniversary. Dr Manish Mokshagundam (Natha Rishi Guru) and Maa Moe from Ramakrishna Mutt graced the occasion with their presence. The students of grades 7 and 8 attended the enlightening session.

Guruji addressed the students with words of wisdom and spoke about the exemplary life of Swami Vivekananda. The audience reflected on the meaning of true contentment and the value of helpfulness. Guruji's jovial demeanour captivated the students. He highlighted the importance of dharma and ways to make it a way of life. Guruji also provided insight into the propagation of culture and the necessity to keep it alive.



Forests sustain life on earth and need to be conserved. Maa Moe, the second speaker of the day, spoke on the importance of forests and the positive impact of small steps taken by individuals.

The session ended with a bhajan, meditation for a few minutes and the chanting of OM to tap the inner soul. The session helped develop a deep insight into values, awareness of our way of living and practical measures that could bring about a significant change in the world.

# REPUBLIC DAY CELEBRATION AT NEW HORIZON PUBLIC SCHOOL - 2023

Republic day is the day when India marks and celebrates the date on which the constitution of India came into effect.



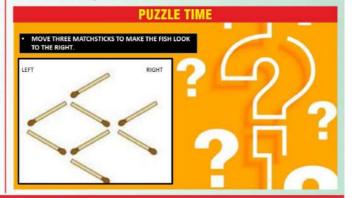
Today we are all free human beings with an independent will, because of our freedom fighters and the framers of our constitution. We celebrate January 26 because it reminds us of the basic principles and laws of our nation and the powers and the duties of the government and its citizens. On the occasion of 74th Republic day the celebrations in New Horizon Public School took place with patriotic fervor the school building was decorated with national flags. All the students, teachers and non-teaching staff assembled at the school quadrangle at 8:15 am. The celebration commenced with the welcome of our respected Principal Ms Anupama Sethi, Ms Ekta Batra (Headmistress, Pre-Primary Division). Ms Richa Bhatia (Coordinator Secondary Division) and Ms Shilpa P (Coordinator Primary Division). This was then followed by hoisting of our Indian tricolor flag by our Principal to celebrate the freedom of our country. The students saluted the National Flag and sung the National Anthem. A cultural programme was organized by the students of primary division. It included an Invocation dance, speech, patriotic song, patriotic dance and vote of thanks. The students took pride in glorifying and celebrating the spirit of unity by their performances. The audience were enthralled by the mesmerizing performance of our primary New Horizonites.

We ended the programme with the National Song 'Vande Mataram' by the teachers of New Horizon Public School. The song's powerful verses reminded us that every Indian no matter which state, religion, caste, gender he or she belongs to, shares the same history, same present and the future. Jai Hind!

# **NEW HORIZON TWIST FOR**



NHPS has established a beautiful tradition to stay connected with its alumni. Continuing the tradition, our school had organised an Alumni meet 'New Horizon with a twist' on 17th Dec 2022. A meeting after long years of leaving the school brought back fond memories to the students. With old students making it to the reunion along with the teachers, it was time to rewind, recall and relive their school days. This was an Alumni meet with a twist, allowing alumni to attend their alma mater as students. A number of individual and team activities were planned for the meet like laboratory experiments, sports and interactive games in the classrooms. Being part of classroom again, the students almost forgot that they were now working executives and parents and revelled in the past as children.



# **NEW YEAR'S RESOLUTIONS**



January 1st, the first day of the year according to the modern Gregorian Calendar as well as the Julian Calendar, is celebrated as New Year's day. This day is probably the most celebrated public holiday, as the New Year begins across the globe.

The tradition of making New Year resolutions started in the Western World but has also gained rapid popularity in the East. A New Year's resolution is a commitment that a person makes, to achieve one or more personal or professional goals, to reform a habit, etc., in the coming year. A key element of a New Year's resolution is that it is made in anticipation of new beginnings, with the hope that a beginning well-made results in a

We are already into the second month of 2023. Though we keep making resolutions, how many of us can follow them? Hardly a few! Why? Several reasons contribute to the failure of New Year's resolutions - giving up too easily, lack of honesty, ineffective planning, going alone, not choosing "SMART" (Specific, Measurable, Achievable, Realistic, Time-bound) goals, etc.

Without the spiritual aspect, our resolutions are incomplete. Better late than never, let us try to have spiritual resolutions also, which are all beneficial to every human being. It also ensures peace in society! A favourable aspect of adopting spiritual resolutions is that they will surely help us achieve our New Year goals, which we are generally prone to fail, as mentioned earlier. This is further confirmed by Lord Krishna in the Bhagavad-Gita (18.14), that 'Daivam' or God is one of the five factors necessary to accomplish any goal in life.

Spiritual resolutions could include Vandana (offering prayers), Shravanam (listening to the glories of the Lord - including the reading of scriptures), Kirtanam (chanting the holy names of the Lord), Archana (worship), etc.

Changes happen in small steps and over a long period. We need to set goals that are easy to tackle from day one. For instance, add a second hour to the group study if one hour is given. Success becomes attainable, and we get a boost in self-esteem that will lead us to attain more challenging goals. Write down your New Year's resolutions as a reminder to take action and clarify your achievements. Time management and having an eye on deadlines play an important role. Continue working on your goals even if you face setbacks. Share your goals with other like-minded people who will encourage you and celebrate your success. Above all, make sure that Spiritual resolutions are your priority.

If we draw close to the Lord, the Lord will take a hundred steps to fulfil the same. Lord Krishna, Himself states the following in the Bhagavad-Gita

ye yathā mām prapadyante tāms tathaiva bhajāmy aham mama vartmānuvartante manuşyāḥ pārtha sarvaśaḥ

# Translation:

All of them as they surrender unto Me - I reward

Let us surrender our New Year resolutions to the Lord, who will surely help us attain success, peace and prosperity in life.

#### IT'S TIME FOR MIDNIGHT

It was a dark, freezing Friday in mid-February; I was alone at home. My parents were away attending the annual concert of my elder sister, held in the old school ground, across the park, around 10 kilometres from our home. I was exhausted after a long day of completing assignments and school projects, so I decided to get some cold leftover lunch from the fridge and call it a night.

It was around 8:45 pm; while setting the table with the heated food, my elbow hit the glass of water. Shoot! I went to the kitchen to get another glass of water and a cloth to clean the mess. Something caught my eye just as I was filling icy cold water into the glass. I peered through the window to see a strange shadowy object in the middle of the road, near the neglected garbage cans. I couldn't quite make out what it was in the dark. I kept the glass on the windowsill and walked out to the front door, I was burning with curiosity as the strange figure, no bigger than a football, jumped and danced in the dark. I still couldn't make out what it was and got closer to it. To my surprise, I realised it was a bag with a living creature in it! Bravely yet cautiously, I flipped the bag. A tiny, innocent, injured kitten peeked at me, whining and wriggling its tiny legs. Immediately, I took the kitten in the bag and ran back to the house. I opened the broken cabinet in the bedroom and took out a mini first aid kit with cotton bandages. Carefully placing the kitten on the table, I wrapped its wounds with a bandage and petted it. Then I heated some milk from the fridge and fed it with a dropper. I took the kitten to the living room and played with it. It was happy, in its world of innocence and whined as it tugged my sweater strings. I knew I couldn't leave it back out there in the freezing cold. I decided to keep the kitten in my room until I could find a safe place for it.



When I looked carefully at the kitten's bag, which I hadn't noticed before, I saw an attached tag, that read '9078, Komalamandan'. I called up Minu and Akira, my best friends, and told them everything that had happened. Minu urged the three of us to visit the mystery address as soon as possible. We agreed and promised to meet, the next day, at the bus station, near my house at 7 am sharp.

After gulping my dinner quickly, I fed the kitten some more milk. I made a soft bed using a cardboard box, cotton and

some pieces of cloth and placed the kitten in it. Keeping the box with the kitten in an old cage, so that it wouldn't escape, I decided to wind up and hit the sack.

The next day, I woke up to see my parents sleeping. I opened the cage and carried the kitten, whom I named Midnight because of her coal-black fur, and set off for the bus station, just across the street. Soon I was joined by Minu and Akira. As we hurriedly made our way, we realised that the address on the tag was that of the local clinic. We reached the clinic but there was no signboard; it had locked doors and closed windows. The clinic wasn't a big one, with only two floors. The reception was empty and the offices of three of its doctors were closed. No posters of a missing cat or anything would give us a clue. The place was as quiet as a graveyard.

Just as we were about to return home, I heard a muffled sound on the top floor. Acting on our feeling of suspicion, we knew we had to do something. Fortunately, the back door in the yard opened when we pushed it. We tiptoed slowly through the dark eerie corridors and climbed the stairs as quietly as mice. As we entered the room with an ajar door, within a fraction of a second, three men with knives held each of our necks tightly. Minu screamed, and Akira and I wriggled our legs and arms. After I gave a hard punch to the guy on his nose; he shouted and ran from the room, tears dripping from his eyes. To our horror, a few men ran in, threatening us with knives. We screamed but our efforts were in vain; they held knives to our faces and we shivered with fear. Then, Akira did something I never imagined in my wildest dreams. She bit one of the men's fingers hard; it started to bleed and he fell to the floor in pain. The man holding Minu let go for a second, and that was all we needed. I punched the man in front of me right in the chest; he cried out in pain. Minu beat them with the torch she had; Akira ran out to call the police while Minu and I kept punching them.

In no time, the police and officers came, along with the neighbours, and our parents. There was a lot of commotion. We got to know that the clinic was part of a cruel organisation that kidnapped animals for medical experiments. Many animals eventually died because of the poisonous chemicals used.

People who were hiding inside and around the building were found, and a case was registered. The so-called 'medical staff' and other employees were undercover spies and part of the cruel profit organisation. All of them were arrested. The chief officer thanked us and praised our bravery. He informed us that we had saved the lives of more than 90,000 kittens.

Our parents were in tears and hugged us tightly. They praised us for our courage but warned us not to indulge in risky and dangerous acts in the future. We were awarded by the Principal, the next day, in school. We stood tall and proud as the entire school clapped for our act of heroism and bravery. I guess it's true what they say, 'Not all heroes wear capes'.

Shruti R. 8 A

#### NOBODY



That which the mind cannot grasp, and eye cannot see; No caste, no colour, no ears have he; That which has neither eyes nor feet nor family, That, my friend, is Nobody.

As silken strands from spiders emerge, Like trees that spring, and with the earth merge And as hair grows on a man, without ado; That, my friend, is neither me nor you.

# YOUNG ACHIEVERS



DQ labs Design Hackathon - DQ labs Bangalore in partnership with the Confederation of Indian Industries conducted Design Hackathon 2022. 300 schools with 1800 students from grades 8-12 consisting of 569 Teams across the country had participated in the largest Pan India Online Inter School Event. The Competition was held in 11 different categories. We are very proud that 6 teams from NHPS had taken part and 5 teams were selected for the finals at the National level.

Karuvathil Akshay Vijaykumar of grade X was adjudged the winner of the UX-UI Junior category. His winning entry was an app 'L-earn' which aims to improve the literacy rate in India and ultimately achieve 100% literacy in India by 2047. He received a cash prize of Rs 1000 and was felicitated by the Principal and a representative from DQ Labs.

Atharv Chaturvedi participated in the International Mathematics Championship and won a Certificate of excellence, a Silver Medal and a Coding Bootcamp worth 10 USD.



the Katha display and the Kumite-Sparring 'Free-form fight' events at the 2023 South India Cup, National Karate Championship, Karnataka, organised by World Funakoshi Shotokan Karate Organisation, South India. Congratulations to Akash and we wish him good luck in his future endeavours.



Akash H. Prabhu of grade 3D secured two Silver Medals in Dhaanvi Dechamma studying in 2nd Std A section took part Deepshika Thorat of grade 5 D secured and won SILVER MEDAL in STATE LEVEL ATHLETICS CHAMPIONSHIP FEST 2023 which was held at KANAKPURA district organized by Adventure Athletics Academy on 28th and 29th of Jan'23...



2nd place in the under 13 Karnataka squash championship 2023 held at Bangalore and 4th position in the Junior Nationals Championship held at Mumbai. Congratulations to Deepshika for this achievement!



